## DARE TO BE DIFFERENT

WHEN: THURSDAY NIGHTS 6.30pm-7.30pm Commencing 7 March

WHERE:
Uniting Church Hall
Glory St., Ashgrove West

ALL AGES WELCOME · HAVE FUN · GET FIT ·

TO ENROL: Heather 3289 4708

GIVE IT A GO: SCOTTISH COUNTRY DANCING

GET FIT HAVE FUN MEET NEW FRIENDS \$50 = 6 LESSONS

NO PARTNER NEEDED Just turn up and have fun.

## A GREAT WAY TO GET FIT

Don't bore yourself at the gym. Get your cardio while learning traditional dance.

## NO MORE BRAIN DRAIN

Improve memory by learning sequences